# PATHWAY TO STEWARDSHIP & KINSHIP

**ENVIRONMENT** environmental health outcomes are improved

theory of change

#### **HEALTHY PEOPLE**

child health outcomes are improved

#### SUSTAINABILITY

**HEALTHY** 

CULTURE OF STEWARDSHIP community is empowered to create positive change

### **HEALTHY**

## COMMUNITY

children are engaged and supported

# CONDITIONS FOR LONG-TERM CHANG

The sustained engagement of children, parents, teachers, community and institutional partners, governments, and funders supports the implementation of the Pathway to Stewardship over many years, and enables the integration of the benchmarks within and across formal and informal settings.



10+ years

Measurable, 4 to 8 years

**KEY** 

**MID-TERM** 

**ENABLERS** 

children & youth have consistent opportunities for active outdoor play

parents,

teachers, and

caregivers

engage with

benchmarks in a

sustained

capacity

value of active

outdoor play is

understood and

promoted

youth have incremental involvement in community acttion projects

> community partners begin to integrate benchmarks into programming & evaluation

children &

inclusive, creative outdoor play spaces are valued and developed

children & youth are comfortable in nature. experiencing empathy and agency

children &

multiple sectors engage to provide varied, creative, and ongoing activities

less structured, nature-based and creative activities are supported

children & youth value diversity and are other living

experience for

children and

youth

children &

and identify a

sense of place

and belonging

every young person has opportunities to be mentored and to mentor

youth feel successful and continue to remain engaged

caring and supportive things neighbourhood

environmental outcomes can be observed and understood by activities children & provide youth meaningful

> youth develop outdoor skills

Pathways framework is able to **adapt** and evolve to meet needs/ learnings

children &

successful

world



Measurable, 2 to 3 years

OPMENT PROGRESSION

PROJECT DEVE

diverse project partners support objectives across all four streams

**KEY SHORT-TERM ENABLERS** 

**PHYSICAL** HEALTH **STREAM** 

potential of arts to **connect** all streams is recognized and encouraged

community partners are able to connect and relate existing programming

children and families know about and are **interested** in participating

**MENTAL** HEALTH **STREAM**  inspiring

examples of community sustainability are demonstrated to youth

mentors and training supports parents and guardians in overcoming

concerns

between ages and social/ cultural groups are supported

positive

interactions

COMMUNITY CONNECTIVITY STREAM

**Indigenous** perspectives are shared and honoured

children and

access to natural

areas

age-appropriate and resonate with children and families families have

benchmarks are

ENVIRONMENTAL **HEALTH STREAM** 

**UNDERLYING ISSUES OF** CONCERN

children experience health problems from lack of physical activity

children have challenges with anxiety, self-esteem, depression and self regulation

children feel alienated, powerless and fearful of people and nature

the health and diversity of our environment is under threat from human activity