

Camp Kawartha

# Day Camp (ages 6–8) Package



## Welcome to Day Camp!

This document has all the info you will need to help prepare your camper for a fantastic week at Day Camp! Included you will find a packing list, reminders about drop-off and pick-up, and an anticipated weekly schedule.

Please note that this package is for **Day Camp (ages 6–8)** at our main site, **1010 Birchview Road**. For Kinder Camp (ages 4–5) or Twilights (ages 9–12), please see the corresponding package. For our Environment Centre Day Camps, please see our website for more info!

## Top Packing Tips!



1.

### Start early!

The best way to pack smoothly & ensure you have everything on your list is to start prepping for camp with your camper at least 1 week before the start of their session.

2.

### Label EVERYTHING!

Lost & found at camp is inevitable – but having everything labelled will help ensure your camper comes home with everything they came with. Labels with a permanent marker or iron-on labels are best.

3.

### Pack WITH your camper – not FOR them!

Camp is a great chance for children to build independence – starting with packing! Engaging your child in the packing process is a great way of ensuring they know what they've brought to camp, where to find it, and that they know how to pack up again at the end of the day!

4.

### Used is best!

Camp can get messy from time to time – and it's easy for things to get misplaced. We recommend sending your camper with older clothing & belongings that won't be terribly missed if they get lost.

5.

### If you forget something, don't panic!

We have lots of extra supplies at camp, and if your camper forgets something, we will be happy to work with you to make sure they have what they need. If your camper needs anything really specific, it's best to pack it **first** to make sure it's not forgotten.

# Packing Recommendations

## Luggage

We recommend packing all belongings in a backpack to avoid things getting lost! Please send a plastic bag for wet clothes and swimsuits.

## Swimwear

**Bright coloured swimwear is recommended for water safety purposes.** Consider a sun shirt for additional sun protection. Day campers will be swimming or boating every day (weather dependent), so will need swimwear each day. We ask that Day campers come dressed in their swimwear and pack a change of fresh clothes.

## Lifejacket

Day campers are strongly encouraged to bring their own lifejacket. Make sure it's very well-labeled and well-fitting.

Lifejackets will be required for all boating activities and deep end swim. Our Waterfront Director will assess campers' swimming skills on Monday and determine whether they need to wear a lifejacket while swimming throughout the week to stay safe at our waterfront!

## Footwear

Day campers should come wearing well-fitting running shoes as much of their day will be very active! Make sure that shoes are well broken-in before coming to camp to prevent blisters and foot injury.

Campers should also bring a pair of waterproof shoes (sandals or crocs are ideal) for the waterfront, and rainboots for exploring the wetlands (on Tuesdays only).

## Weather Considerations

To ensure your camper is prepared for the weather, make sure to check the forecast in the morning! **When rain is forecasted, every camper should be sure to bring a well-fitted raincoat that does a good job of keeping them dry.** Campers who are prone to getting cold should consider bringing a pair or rain pants as well, as many of our activities are rain or shine! Umbrellas are not recommended for camp.

# Medication

If your camper is bringing ANY medication to camp (including prescriptions, over the counter, and homeopathic), please refer to our Day Camp Camper Medication Form at the end of this document.

## Lost & Found

Camp Kawartha is not responsible for lost or left behind items. We strongly urge families to label all clothing and belongings. If you do forget something, you will be responsible for making arrangements to pick up or pay for the return of any items left behind. Items will be held for 3 weeks after the end of each session.

## Prohibited Items

In line with our camper & family code of conduct, we ask that families be aware of the following prohibited items while packing. Any camper who arrives at camp with prohibited items will have prohibited items confiscated, and the camper may be sent home at the discretion of the summer camp director.

Exceptions may be made on a case by case basis for medical, religious, or accessibility related accommodations. Please reach out to our summer camp director if your camper will require an exception to these policies.

### Prohibited items include:

- Cigarettes, matches, or lighters, knives or weapons, drugs or alcohol, hairdryers, curling irons, or hair straighteners (fire hazard), perfumes or aerosol deodorants (irritants to those with allergies); vapes or Juuls
- Cell phones, personal media players, speakers, ipads, gaming systems etc...\*

\*Camp Kawartha is committed to preserving the spirit of camp – in our opinion, a cell phone, personal media players and other electronic devices inhibits one's link with camp experiences and diminishes the capacity to grow within a team and camp environment. For these reasons we prohibit campers from bringing cell phones and other electronics to camp.

### Additional discouraged items include:

- Jewellery, money or anything that will be missed terribly if lost

Camp Kawartha is a nut-aware facility. For this reason, we ask that campers do not bring any food that contains (or may contain) nuts.

# Day Camp Packing List

Please send your child in comfortable clothing (that is suitable for the weather and can get messy!), and well-fitting running shoes.

Each day, please pack:

- Sunscreen** (30+ SPF recommended)
- Bug Spray** (DEET or other tick repellent recommended)
- Hat** (for sun protection)
- Water Bottle** (500 ml or more)
- Lunch + 2 snacks** (nut free)
- Dressed in swimwear**
- Beach Towel**
- Watershoes** (croc's or sandals)
- Lifejacket**
- Raincoat** (depending on forecast)
- Full change of clothes** (socks, underwear, t-shirt, shorts, etc.)
- Regular or emergency medication** (see medication packing information)

Special Items:

- White Cotton items for tie dye** (Tuesday)
- Tall rainboots for wetland exploration** (Tues)



# Drop-Off & Pick-Up

**Day Camp Drop-Off is from 8:30 – 9:00** each morning. Please park in our main parking lot and walk in along the roadway toward the basketball court. Our Day Programs Director will show you to our Day Camp Area to drop off your camper!

**Day Camp Pick-Up is from 3:30 – 4:00** each afternoon. Please park in our main parking lot and walk in along the roadway toward the basketball court. Campers will be busy wrapping up activities and packing up for the day and will not be fully ready before 3:30. Please bring photo ID when picking up your camper.

In the past, we have accepted arrivals on our waterfront. However, this year, we would like to kindly discourage pick-up/drop-off by boat as it significantly disrupts camp programming and unnecessarily alters staff-to-camper supervision ratios. If you do need to pick-up or drop-off by boat, please contact the Day Programs Director ([mason@campkawartha.ca](mailto:mason@campkawartha.ca)).

If you need to arrange an alternate pick-up for your camper, please reach out to our Day Programs Director ([mason@campkawartha.ca](mailto:mason@campkawartha.ca)) to approve this alternate pick-up in writing.

If you are **running late for drop-off or pick-up**, please call our summer camp line at 647-963-6206 to let us know as soon as possible.

## Anticipated Weekly Schedule

Please see the schedule on the next page for an idea of what to expect for your camper's week at Day Camp! Please note that all activities are weather-dependent and may be altered without notice. Due to the limited time in each day and the logistics of coordinating activities for all our Day and Overnight campers, **activities missed due to weather will not be able to be rescheduled**. Our staff have lots of rainy day back-ups and will ensure that campers have a full day of fun regardless of the weather!



# Anticipated Weekly Schedule for Day Camp (ages 6-8) Summer 2026!



	Mon	Tues	Wed	Thurs	Fri
8:30-9:00	Drop-Off	Drop-Off	Drop-Off	Drop-Off	Drop-Off
9:00-9:45	Morning Welcome	Morning Welcome	Morning Welcome	Morning Welcome	Morning Welcome
9:45-11:00	Nature Hour	Wetland Wonders	Nature Hour	Land Sports	Drama Games
11:00-12:30	Craft		Archery	Musical Campfire	Deep End Swim
12:30-1:30	Lunch	Lunch	Lunch	Lunch	Lunch
1:30-2:30	Swim Checks	Tie Dye	Swim	Water Games	Ropes
2:30-3:30	Costume Games	Deep-end Swim	Craft Time	Active Play	
3:30-4:00	Pick-Up	Pick-Up	Pick-Up	Pick-Up	Pick-Up