

# Camp Kawartha Environment Centre

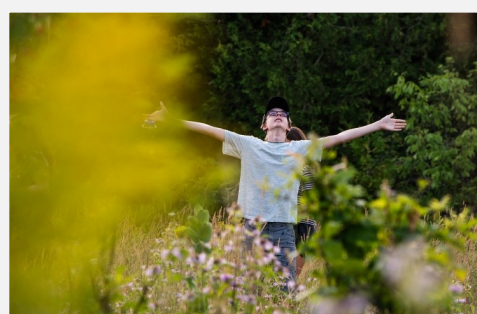
## Parent/Camper Handbook Summer 2020



**Introduction:** This has been a difficult year for all of us. At Camp Kawartha, we've been offering camps for almost 100 years. We've been working with Public Health and with the Ontario Camps Association to make sure that this year your children still have access to a magical summer camp experience. While many of the camp activities will remain the same—**camp as kids remember it, will be different**. We are following all COVID-19 government mandated Health and Safety Procedures and the Ontario Ministry of Health's COVID-19 Guidelines for summer camp.

**Daily Health Screening:** All parents must sign a form attesting that:

- All individuals including camp participants and persons in their household have no COVID-19 related symptoms.
- Campers have undergone a temperature check.
- No persons in the household have come into close contact with a person with symptoms or someone who has confirmed positive for COVID-19 in the past 14 days.
- All parents/guardians must complete this screening of their camper (s) and of those in their household **prior to attending each day of camp**.
- Parents / guardians will be required to confirm up to date contact information so that they can be easily reached at any time during camp.



Please refer to these pages for further information on symptoms:

- <https://www.peterboroughpublichealth.ca/novel-coronavirus-covid-19/facts-about-covid-19/>
- [http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_reference\\_doc\\_symptoms.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf)

**Camp Cohorts & Physical Distancing:** Camp Kawartha Day Camp will operate in cohorts of 10 people including instructors (8 campers & 2 staff). If more than one cohort is present, we will institute physical distancing between the cohorts. Each cohort will have their own designated space and programming will be conducted in separate locations. Please be advised:

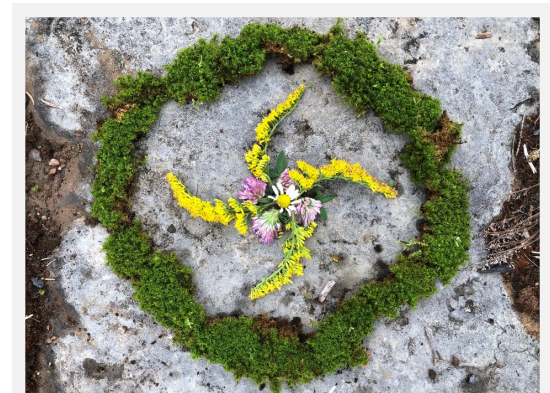
- While we will do our best to maintain physical distancing within a cohort, this may not be possible at all times.
- We will provide plenty of space for physical distancing while being seated and we'll designate a seating arrangement at the picnic shelter.
- CK staff will continually remind campers to maintain physical distancing while eating lunch or snack.
- Where physical distancing is not possible and close contact between campers and staff cannot be avoided, face coverings will be worn by staff and campers.
- While signing in Parents/Guardians will be requested to maintain physical distance.

**Handwashing & Hygiene:** Camp Kawartha will provide an outdoor (soap and water) handwashing station and as well as hand sanitizer at the entrances. Campers will be required to wash their hands after using the bathroom and before eating and regularly throughout the day, especially if they interact with high contact surfaces. Staff will also be carrying hand sanitizer in the field at all times for use as needed and we will ensure that high contact areas are cleaned and disinfected frequently (2-3 times per day). All equipment that cannot be readily cleaned will be removed.

**Campers with Symptoms:** Any camper displaying symptoms consistent with COVID-19 should not attend camp. If symptoms develop while at camp, the camper will be removed to a supervised area. Parents/Guardians will be contacted and the camper will remain in this designated area until they are able to go home. The supervising staff will wear protective gear (gloves, mask and face shield) and the camper will be provided with a disposable face mask. Peterborough Public Health will be notified and will provide further direction on testing and isolation of close contacts. If any staff begin to exhibit symptoms, they will also leave camp. Camp staff are being trained by our medical team to properly recognize & assess COVID-19 symptoms with as much accuracy as possible.

Campers/staff who display symptoms will be referred for testing and are not permitted to attend camp while awaiting results. Those who test negative must wait 24 hours after the symptoms have been resolved before returning to camp. Any staff/campers who test positive for COVID-19 will be excluded from the program for 14 days after the onset of the symptoms and until cleared by Public Health. In this case, a refund will be issued for the balance of the week of camp that was not attended.

**Declaration of an Outbreak:** A single, symptomatic, laboratory confirmed case of COVID-19 in a camper or staff member may be considered an outbreak as determined by Peterborough Public Health.



**Record Keeping:** Camp Kawartha will keep daily records of those entering the program (campers, parents/guardians, staff and visitors) who remain on site 15 minutes or longer. This will provide Public Health with important information for tracking close contacts, should this be required.

**Water and Food:** A reminder that Camp Kawartha programs are **nut free**. If a student brings a product containing nuts, this will be removed and given back to parents/guardians at the end of the day. Please ensure your camper has enough food/snacks to keep them energized throughout the day. We are very active, and kids often require larger lunches than in other settings. Children should not trade/exchange food. The Centre does not receive garbage or recycling pick-up. We require all participants to pack out their garbage and encourage the children to bring a litter-less lunch. Each camper must bring their own water bottle, which should be kept with them all day. Water will be filled by a designated staff person who will ensure that all cleaning and sterilizing precautions are followed.

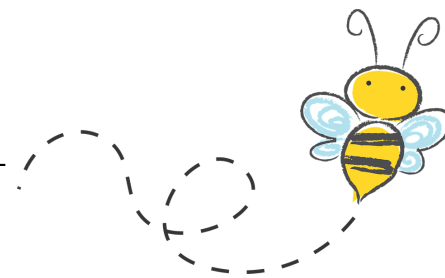
**Medication:** All medication must be given to a staff member who will store this in a safe location. If a camper is required to take medication during the day, parents/guardians will be asked to complete and sign a Camper Medication Form that provides information on dosage and frequency.

As usual, campers with epipens or inhalers will keep these with them at all times during the day. If your child is anaphylactic to any food, insect or medication, please fill out the [anaphylactic emergency form](#) found on the website under “Register for Camp”.

**Sunscreen and Bug Spray:** Campers will be asked to wear sunscreen and a hat. Camp Kawartha will have extra sunscreen and bug spray on site. We’ll provide regular opportunities for campers to use both and they will be encouraged to apply this themselves. Campers should not share their sunscreen/bug spray with others.



**BEE ware:** Camp Kawartha is proud to house an observational bee hive. With plexiglass walls, this observational hive is designed to encourage campers to view bees at work from inside the Environment Centre. The bees enter the hive from a PVC tube located on the exterior of the building. Honey bees play a critical role in helping to pollinate plants. With a variety of apple trees near the centre and pollinator gardens, the bees will help to ensure that there will be a healthy harvest of apples next fall.



We'd like to remind all visitors to the Camp Kawartha Environment Centre that there are always bees, wasps and stinging insects in any natural area. Please ensure that any students with allergies to bees come with the appropriate safeguards in place (an EpiPen – if required, antihistamine tablets etc.).

**Poison Ivy:** We'd also like to remind visitors that there are patches of poison ivy in the vicinity of the Centre. Closed toed shoes and long pants are highly recommended and these natural hazards are covered as part of the 'Orientation to Camp' each week.

**Ticks:** Though ticks (and Lyme Disease) are not very common in this area, there have been a few ticks reported in Peterborough County. Lyme disease can become a serious infection caused by a bacteria spread by the bite of blacklegged ticks (formerly called deer ticks). We highly encourage all families to do **TICK CHECKS** at the end of the day and to get in the habit of doing so after every outing in the woods. This is part of helping children to build solid routines around tick awareness and Lyme disease prevention.



The Peterborough City County Health Unit recommends a TICK CHECK when coming in from the outdoors:

- Have a shower to rinse ticks off
- Woods clothing should be placed in the wash or hung outside
- Either with a loved one or alone with a mirror check your body thoroughly for ticks.
- Make sure to look in hidden areas like the scalp, between toes, armpits, back of knees, groin, behind ears
- Please remember that ticks can be tiny freckle sized or as large as a small grape when engorged.
- If a tick is found, put it in a screw top bottle or zipper closed bag and bring it to your local Health Unit

For more info: <https://www.peterboroughpublichealth.ca/your-health/insects-rodents-other-pests/ticks-and-lyme-disease/>



## What to Bring:

Lunch and two snacks (all nut free)	A mask (we'll have disposal masks on hand as needed)
Refillable water bottle (minimum 1/2 litre)	A change of clothes
Sunscreen & Sun Hat	Bug spray (optional)
Clothing (old is best)	Backpack
Bathing Suit and Towel (for water play)	Medication (if required)
Rain Gear (as needed)	A sense of curiosity & adventure

As a further precaution, please limit or minimize bringing unnecessary personal objects.

**Restricted Items:** Expensive jewellery and electronics. We are trying to create a nature rich experience for all—electronics interfere with kids having a fulsome connection to nature. (Please leave ALL valuables at home).

**Dress for Success:** We highly recommend packing a second pair of items that are likely to get wet such as socks. This experience focuses on plenty of time outdoors... so, please check the weather & be prepared!

**Daily Drop Off & Pick Up:** Camp begins at 9:00 am and ends at 4:00 pm each day.

(Please arrive between 8:45 and 9:15 am, and pick up between 3:45-4:15 pm).

Because of the extra time required to clean and disinfect, only one staff member will be at the registration table at pick up and drop off times. Please respect physical distancing as you await to check in and check out. Daily camper sign in and out is required and must be completed by an authorized person indicated on the registration form.

**Upon Arrival:** Parents, please check-in at the registration desk each day to sign in and for daily health screening. And please say goodbye at the front doors or in the parking lot and then campers can head over to the picnic shelter to meet with staff and other campers.

**Contact:** In the case that an urgent need to reach your child arises, please contact the Camp Kawartha main office at (705) 652-3860.

Please be aware that we do not have a receptionist on site at the Camp Kawartha Environment Centre. If you need to speak with a staff member, please leave a message at the Environment Centre cell phone (705) 750-8699 and we will return your call at the end of the day.

If you have questions or concerns please feel free to contact Craig Brant our Environment Centre Manager - [craig@campkawartha.ca](mailto:craig@campkawartha.ca)



**Camper Conduct:** In order for the Camp Kawartha Team to ensure a safe and nurturing environment for all, we ask that Parents/Guardians review this code of conduct with their campers. Remember the three R'S

1. **Respect yourself.** All participants are expected, in accordance with their age, to take appropriate care of themselves (personal hygiene, dressing appropriately, water, food, sunscreen)
2. **Respect others.** We expect all participants to treat one another, and our staff, with courtesy and respect.
3. **Respect the environment.** The Camp Kawartha Environment Centre is located on Trent University's Wildlife Sanctuary. It is our responsibility to take care of these lands.

Please review our full camper Code of Conduct online at—<https://campkawartha.ca/pdf/summer-camp/CamperCodeofConduct.pdf>

**Camper Management:** We want to provide a safe and caring experience for each camper. We can assist and support children but we are unable to provide alternative programming for extended periods of time should a camper require this. If a camper needs to be repeatedly withdrawn from camper activities and/or their behaviour is deemed to be a threat to their own safety or to the safety of others, we will not be able accommodate them.

Our staff will do their utmost to:

- *Make expectations clear*
- *Be positive and supportive*
- *Consult with parents/guardians about recommended approaches with each camper.*
- *Keep parents/guardians informed about issues as they arise*
- *Consider the child's developmental needs*

**WE ARE LOOKING FORWARD TO SEEING YOU!**

***Our BIG thanks to Peterborough Green UP for their assistance in creating this document.***



# WAIVER of LIABILITY

## Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

*PLEASE READ CAREFULLY, SIGN AND BRING A COPY TO CHECK IN ON THE FIRST DAY OF CAMP.*

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial, and local governments and federal and provincial health agencies recommend physical distancing and infection control measures and have, in many locations, limited the congregation of groups of people.

Camp Kawartha Inc. has put in place preventative measures to reduce the spread of COVID-19 at its day camps, as described in this document; however, Camp Kawartha cannot guarantee that your child(ren) will not become infected with COVID-19. Further, attending the day camp or similar activity could increase your risk and your child(ren)'s risk of contracting COVID-19.

I understand that this Assumption of the Risk and Waiver of Liability agreement is in addition to, and is not a substitute for, any other documentation or registration information that I might be required to execute by Camp Kawartha in order to enroll my child(ren) in the Environment Centre day camp.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the day camp and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the day camp may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Camp Kawartha, including employees and volunteers, and program participants and their families.

I VOLUNTARILY AGREE TO ASSUME ALL OF THE FOREGOING RISKS AND ACCEPT SOLE RESPONSIBILITY FOR ANY INJURY TO MY CHILD(REN) OR MYSELF (INCLUDING, BUT NOT LIMITED TO, PERSONAL INJURY, DISABILITY, AND DEATH), ILLNESS, DAMAGE, LOSS, CLAIM, LIABILITY, OR EXPENSE, OF ANY KIND, THAT I OR MY CHILD(REN) MAY EXPERIENCE OR INCUR IN CONNECTION WITH MY CHILD(REN)'S ATTENDANCE AT CAMP KAWARTHA ENVIRONMENT DAY CAMP ("CLAIMS"). ON MY BEHALF, AND ON BEHALF OF MY CHILDREN, I HEREBY RELEASE, COVENANT NOT TO SUE, DISCHARGE, AND HOLD HARMLESS CAMP KAWARTHA INC., ITS DIRECTORS, EMPLOYEES, AGENTS, AND REPRESENTATIVES, OF AND FROM THE CLAIMS, INCLUDING ALL LIABILITIES, CLAIMS, ACTIONS, DAMAGES, COSTS OR EXPENSES OF ANY KIND ARISING OUT OF OR RELATING THERETO.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Camp Kawartha, its directors, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Camp Kawartha day camp program.

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Signature of Parent/Guardian, Date

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Print Name of Parent/Guardian & Full Name(s) of Participant(s)