PATHWAY TO STEWARDSHIP

10+ years

environmental health outcomes are improved

HEALTHY ENVIRONMENT

theory of change



child health outcomes are improved

SUSTAINABILITY

CULTURE OF STEWARDSHIP community is empowered to create positive change

HEALTHY COMMUNITY

children are engaged and supported

CONDITIONS FOR LONG-TERM CHANG

The sustained engagement of children, parents, teachers, community and institutional partners, governments, and funders supports the implementation of the Pathway to Stewardship over many years, and enables the integration of the benchmarks within and across formal and informal settings.



Measurable, 4 to 8 years

KEY

MID-TERM

ENABLERS

children & youth have consistent opportunities for active outdoor play

parents.

teachers, and

caregivers

engage with

benchmarks in a

sustained

capacity

value of active

outdoor play is

understood and

promoted

youth have incremental involvement in community acttion projects

> community partners begin to integrate benchmarks into programming & evaluation

children &

inclusive, creative outdoor play spaces are valued and developed

children & youth are comfortable in nature. experiencing empathy and agency

multiple sectors engage

to provide varied, creative, and ongoing activities

less structured, nature-based and creative activities are supported

children & diversity and are other living things

activities

provide

meaningful

experience for

children and

youth

children &

and identify a

sense of place

and belonging

every young person has opportunities to be mentored

children & youth feel successful and continue to remain engaged

caring and supportive neighbourhood

environmental outcomes can be observed and understood by children & youth

planning

youth develop outdoor skills

successful

Pathways framework is able to **adapt** and evolve to meet needs/

learnings

world



Measurable, 2 to 3 years

OPMENT PROGRESSION

PROJECT DEVE

potential of arts to connect all streams is recognized and encouraged

community partners are able to connect and relate existing programming

examples of community sustainability are demonstrated children and to youth

about and are **interested** in mentors participating and training supports parents and guardians in overcoming

concerns

Indigenous perspectives are shared and honoured

children and families have access to natural areas

benchmarks are age-appropriate and resonate with children and families

ENVIRONMENTAL **HEALTH STREAM**

KEY SHORT-TERM ENABLERS

> **PHYSICAL** HEALTH **STREAM**

diverse project

partners support

objectives across

all four streams

UNDERLYING ISSUES OF CONCERN

children experience health problems from lack of physical activity

children have challenges with anxiety, self-esteem, depression and self regulation

children feel alienated. powerless and fearful of people and nature

the health and diversity of our environment is under threat from human activity

MENTAL HEALTH STREAM

families know

inspiring

positive interactions between ages and social/ cultural groups are supported

> COMMUNITY CONNECTIVITY STREAM