

# Camp Kawartha

## Day Camp Check List

Day Camp starts at 9:00 a.m. and ends at 4:30 p.m. each day  
(Please arrive between 8:45-9:00am, and pick up your child promptly at 4:30pm)

- Knapsack or bag to carry personal items. We also encourage everyone to use reusable containers and bring a litterless lunch & snacks
- Lunch and 2 snack periods\* (IMPORTANT: do NOT send any items containing nuts or traces of nut)
- Include lots of drinks especially on hot days (please use reusable drink containers)
- Re-fillable water bottle (a strap or hip belt is also useful)
- Jacket
- Hat for sun protection is essential (hat with brim that shades the ears is recommended)
- 1 pair of running shoes (no sandals)
- 1 pair of watershoes or old running shoes to be used as closed toe wet shoes
- Rain gear for rainy days: rain coat, splash pants, rubber boots
- Bathing suit and beach towel
- Sunscreen - choose one that is waterproof and SPF 30 or higher, chapstick
- Regular or emergency medication (medication **must** be in original packaging and will be entrusted to the nurse at camp).
- White cotton t-shirt (or high % cotton) for tie-dye arts and craft**

### **Label Everything!**

We recommend iron-on or sewn-in labels for clothing and permanent ink on adhesive tape for other items.

### **Restricted Items:**

- Watch/jewellery – these tend to get misplaced or left behind by young campers
- No walkmans, discmans, gameboys, electronic devices, cellphones, video games or toys allowed

### **Alternate Pickup Authorization:**

If someone other than the custodial parent/guardian is picking up a camper, written authorization must be provided in advance to the Summer Camp Director or Camp Office at [info@campkawartha.ca](mailto:info@campkawartha.ca) .

### **LOST & FOUND**

We will put any lost and found items out for display on the final day of your child's camp session, after that we will hold all items for **3 weeks**, and then send any unclaimed items to a local Charity. Due to large volumes of Lost & Found we simply can't hold onto everything.



### **IMPORTANT NOTICE!**

*\* Please note that because we are a nut-safe facility, IT IS IMPERATIVE THAT YOUR CHILD DOES NOT BRING ANY FOOD OR SNACKS THAT CONTAIN NUTS OR TRACES OF NUTS. We strongly request that you read all food labels carefully to insure that no nut products or products containing traces of nuts are brought into the camp.*