

# Camp Kawartha Environment Centre

2505 Pioneer Road, Peterborough, Ontario  
(located adjacent to Trent University)



## Camp Kawartha Main Office/Mailing Address:

1010 Birchview Road, Douro-Dummer, Ontario, K0L 2H0

T: 705-652-3860 F: 705-652-1500 W: [www.campkawartha.ca](http://www.campkawartha.ca) Email: [info@campkawartha.ca](mailto:info@campkawartha.ca)

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## Teacher Guide to Planning a Successful Trip

Welcome and thank you for choosing the Camp Kawartha Environment Centre (CKEC) for your school visit! We are excited to have you and your students share in a magical outdoor experience.

The Camp Kawartha Environment Centre is a unique partnership between Camp Kawartha, The Gainey Foundation, Trent University, Fleming College and many other community organizations. It is one of the Most Sustainable Buildings in Canada and has been providing students from Kindergarten to Grade 12 with inspiring environmental programming since 2009.

The Environment Centre also offer rentals, summer day camp programs, ongoing nature programs for kids and adults, training for Trent teacher candidates and more.

### ***Booking Procedure***

Please send in your completed contract and “*Get to Know You*” form promptly so that we may prepare for your visit.

- **Please be sure to carefully review the booking contract noting the address of the Environment Centre and billing details.**
- We depend on your contract to book staff and programming; please return your contract within 1 month of booking your date.
- Contact our Environment Centre Registrar at [info@campkawartha.ca](mailto:info@campkawartha.ca) or 705-652-3860 for specific programming requests or additional programming ideas.

### ***Programming***

Camp Kawartha has been working with local organizations to create a stewardship framework for our region: <http://campkawartha.ca/pdf/Pathway-to-Stewardship.pdf>

Fostering stewardship is about providing children with the right tools and experiences at different stages of their development to know, love, respect and ultimately protect the very life systems that sustain us all.

Camp Kawartha has recently revised our programs to be consistent with the framework. We have developed over 30 outdoor and environmental programs to choose from. We love to incorporate local environmental features as well as seasonal themes into your day at the Environment Centre. Camp Kawartha staff are happy to work with you in order to create a day specifically geared to you and what your students are learning in the classroom.

Please contact our Environment Centre Registrar if you have any specific programming requests or questions. Descriptions of all of our regular programming are available on our website:  
<http://www.campkawartha.ca/environment-centre/environmental-education-programs/>

## Lunch

The Centre does not receive garbage or recycling pick-up. We require all students to pack out their garbage. Better yet, encourage the students to bring a litterless lunch that produces no garbage.

Please advise students to bring a refillable water bottle.



**\* Please note we are a nut free facility, no nuts or products that may contain nuts can be brought to the centre.\***

## Daily Schedule

9:30 a.m. – Arrival and Introduction  
 10 a.m. – Program One  
 12 p.m. – Lunch  
 12:45 – Program Two  
 2:30 - Departure

## Clothing

**Students will be outside for the majority of the day.** Please remind them to dress appropriately for the season and weather.

- **Cold weather** - Students should dress in layers. Hats and mitts or gloves are required and when there is snow on the ground warm winter boots are a must.
- **Hot weather** - Students should bring a hat and sunscreen. Closed toe shoes are required. The best defense against insects is light weight long sleeves and pants.
- **Wet weather/Water Programs** - Rain boots are highly recommended. The Centre can be muddy and most of the wetland areas do not have boardwalks so proper footwear can make the day more enjoyable.

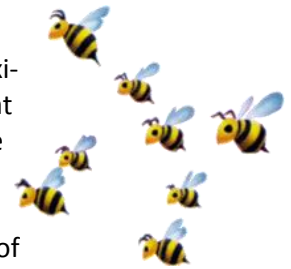
## Teacher & Volunteer Support

Please support our staff while you are at the Environment Centre in the following ways:

- At the Environment Centre, we have the same behaviour expectations as in a classroom, please discuss this with students ahead of time.
- Our educators aim to facilitate engaging programming and are excited to interact with your students. Please assist them by addressing any behavior issues or challenges that individual students may present during the day ie. pulling a student aside if needed.
- Please communicate ahead of time with the CKEC staff if there are any accommodations requirements needed or behavioral issues to be aware of.

## Parents and Teachers Take Note:

**BEEware:** Camp Kawartha is proud to house an observational bee hive. With plexi-glass walls, this observational hive is designed to encourage students to view bees at work from inside the Environment Centre. The bees enter the hive from a PVC tube located high up on the exterior of the building. Honey bees play a critical role in helping to pollinate plants. With a variety of apple trees near the centre and pollinator gardens, the bees will help to ensure that there will be a healthy harvest of apples this fall.



We'd like to remind all visitors to the Camp Kawartha Environment Centre that there are always bees, wasps and stinging insects in any natural area. Please ensure that any students with allergies to bees come with the appropriate safeguards in place (an epipen – if required, antihistamine tablets etc.). We'd also like to remind visitors that there are some patches of poison ivy in the vicinity of centre. Closed toed shoes, long pants and hat (sun protection) are also highly recommended as well.

**Tick Me Off:** Though ticks (and Lyme Disease) are not very common in this area, there have been a few ticks reported at the Trent Nature Areas. Lyme disease can become a serious infection caused by a bacteria spread by the bite of blacklegged ticks (formerly called deer ticks). We highly encourage all families to do **TICK CHECKS** at the end of the day and to get in the habit of doing so after **every outing in the woods**. This is part of helping children to build solid routines around tick awareness and Lyme prevention.



**The Peterborough City County Health Unit recommends a TICK CHECK when coming in from the outdoors:**

- *Have a shower to rinse ticks off*
- *Woods clothing should be placed in the wash or hung outside*
- *Either with a loved one or alone with a mirror check your body thoroughly for ticks.*
- *Make sure to look in hidden areas like the scalp, between toes, armpits, back of knees, groin, behind ears*
- *Please remember that ticks can be tiny freckle sized or as large as a small grape when engorged.*
- *If a tick is found, put it in a screw top bottle or zipper closed bag and bring it to your local Health Unit*

**For more info:** <http://www.pcchu.ca/2014/07/25/ticktalkhealthunitwantsyoutobelymediseaseaware>

**Prevention:** A good rule of thumb is to cover up exposed skin in wooded areas: wear closed toed shoes, long sleeves and pants, and pulling socks over pant legs. In addition, wearing light coloured clothing will make ticks easier to see. Insect repellent containing DEET should be applied to skin and clothes. After being outdoors, remember to check yourself and others for ticks and/or tick bites daily.

**Location**

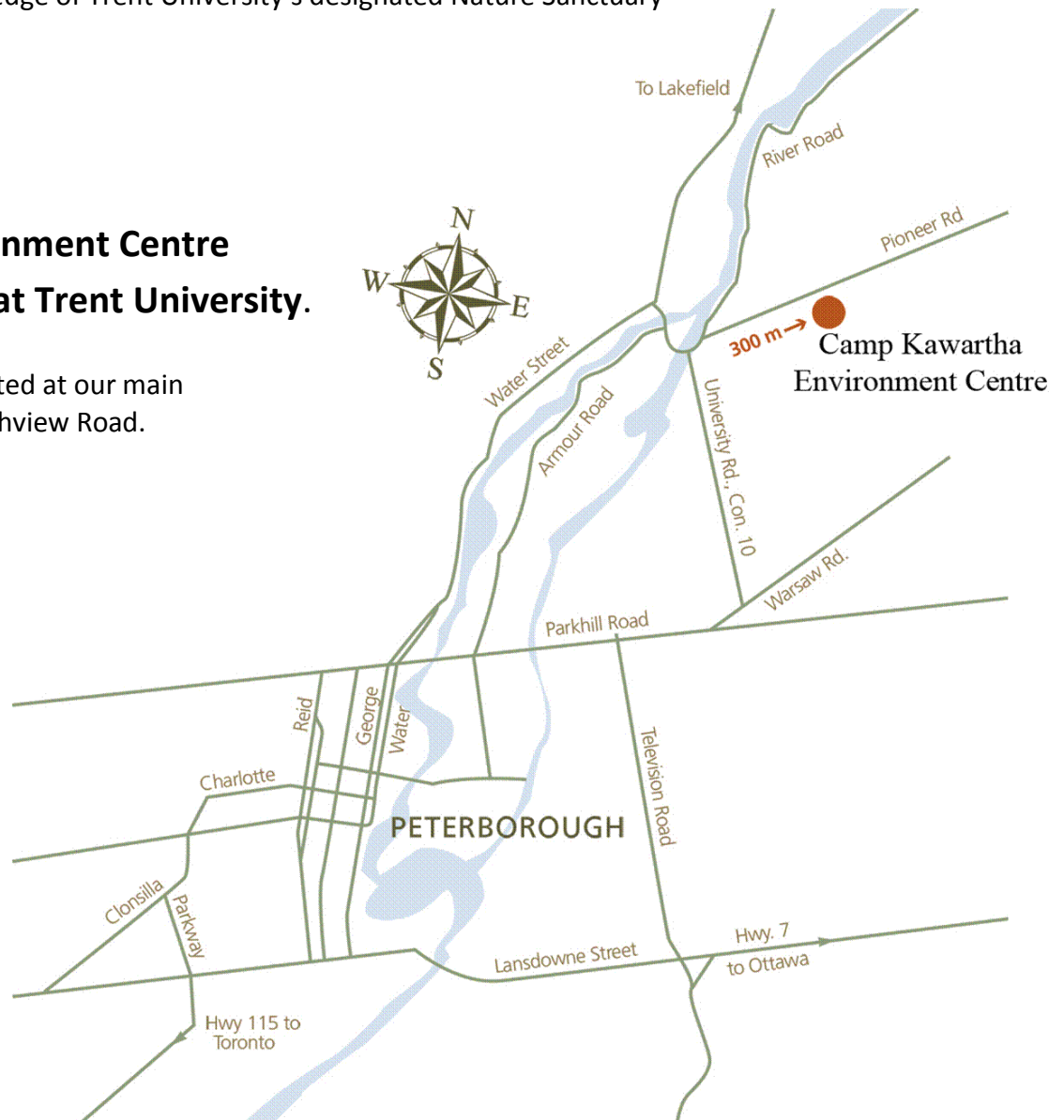
The Centre is located at **2505 Pioneer Road, Peterborough**

On the north edge of Trent University's designated Nature Sanctuary

**Please Note:**

**The Environment Centre  
is located at Trent University.**

It is **NOT** located at our main  
facility on Birchview Road.



# Camp Kawartha Environment Centre



**Dear Parent or Guardian,**

We are pleased that your child will be attending the Camp Kawartha Environment Centre on \_\_\_\_\_. This Centre is one of the most sustainable buildings in Canada and we're excited to share our inspiring atmosphere and nature & environmental programming. Your child's experience will be enhanced if he or she is well prepared for the day.

## Clothing

**All programs include an outdoor component, rain or shine. Please check the weather report and dress your child accordingly.**

- **Cold weather** - Students should dress in layers. Hats and mitts or gloves are required and when there is snow on the ground warm winter boots are a must.
- **Hot weather** - Students should bring a hat and sunscreen. Closed toe shoes are required. The best defense against insects such as bees and ticks is wearing light weight long sleeves and pants.
- **Wet weather/Water Programs** - Rain boots are highly recommended. The Centre can be muddy and most of the wetland areas do not have boardwalks so proper footwear can make the day more enjoyable.

## Food

- The Centre does not receive garbage or recycling pick-up. We require all students to pack out their garbage. Better yet, encourage the students to bring a litterless lunch that produces no garbage.

- **Please have students bring a refillable water bottle.**

**\*Please note we are a nut free facility, no nuts or products that may contain nuts can be brought to the Centre.\***



Please be sure to inform the classroom teacher of any health concerns or accommodations requirements. The Camp Kawartha Environment Centre staff and programs are adaptable; we want all students to have the best experience.

If you have any questions or concerns contact the classroom teacher. If you have any special concerns please contact the Camp Kawartha Main Office at 705-652-3860. Please visit our website at [www.campkawartha.ca](http://www.campkawartha.ca) to learn more about programs, facilities and more.

Thank you for your support of nature and environmental education, we look forward to bright futures.

Warm Regards,  
The Camp Kawartha Environment Centre Team